



## Getting more from your retirement plan



For help by phone, call **800-842-2252**




- Get automated account information, 24/7
- You can talk to a financial professional, weekdays, 8 a.m. to 10 p.m. and Saturday, 9 a.m. to 6 p.m. (ET)

Your employer recognizes the importance of providing you ways to plan for your financial future, that's why they offer you a retirement plan.




There are many things you can do at **TIAA.org** to help you pursue your goals, including managing your retirement account, getting education, and learning more about saving and investing.

### Managing your retirement account online

Once you've set up a retirement plan, and a user ID and password, you can log in to **TIAA.org** and go to *My Account* to take any of these actions. If you are not already enrolled, go to **TIAA.org/enroll**, search for your employer and follow the on-screen prompts.

 Change how future contributions will be invested	 Move money between accounts	 Choose who'll receive your investments if something happens to you
<ul style="list-style-type: none"> <li>▪ Select <i>Manage investments</i> and then <i>Change Allocations of Future Contributions</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ Select <i>Manage investments</i> and then <i>Change My Investments</i></li> </ul>	<ul style="list-style-type: none"> <li>▪ Select <i>Add/edit beneficiaries</i></li> </ul>
<ul style="list-style-type: none"> <li>▪ Review and update personal information</li> <li>▪ Check account balances and confirm contributions</li> <li>▪ View and research the performance of the plan's investment options</li> </ul>		<ul style="list-style-type: none"> <li>▪ Manage your investments</li> <li>▪ Sign up for eDelivery</li> <li>▪ Learn about budgeting, investing and saving for college</li> </ul>

### Getting retirement information and education

		
<p>Webinars: Visit <b>TIAA.org/webinars</b> to see and participate in upcoming events</p>	<p>Online: Log in at <b>TIAA.org/retirementadvisor</b> to plan for the retirement you want.</p>	<p>One-on-one: Schedule a session by calling <b>800-732-8353</b>, weekdays, 8 a.m. to 8 p.m. (ET), or visiting <b>TIAA.org/schedulenow<sup>1</sup></b></p>

Retirement calculators and financial tools at [TIAA.org/tools](https://www.tiaa.org/tools)

Retirement Goal Evaluator	Tax-Advantage Calculator	Asset Allocation Evaluator
<ul style="list-style-type: none"><li>▪ Located under <i>Retirement planning</i></li><li>▪ Estimates how much of your salary you might replace at retirement</li></ul>	<ul style="list-style-type: none"><li>▪ Located under <i>Taxes</i></li><li>▪ Estimates the long-term growth potential of money contributed to a tax-deferred annuity</li></ul>	<ul style="list-style-type: none"><li>▪ Located under <i>Saving &amp; investing</i></li><li>▪ See sample investment portfolios based on answers to a few questions</li></ul>



1. Advice is not available to participants outside of the United States.

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